

Employee Assistance Program (EAP) Services

People at work spend much of their daily lives together, and when a work acquaintance passes away we may experience a sense of loss or grief. Jim Catania was a dedicated Air Resources Board Manager for over 25 years. During that time, Jim interacted with many staff on a personal and professional basis. Those of you who knew Jim may be experiencing shock, sadness, denial, fear or anxiety due to his passing. To assist Sacramento staff in coping with these emotions, an EAP group counseling session will be available to you on Wednesday, May 10 at 9:00 A.M., in the Sierra Hearing Room. No reservations are necessary. If you have any questions or need further assistance, please call Maria Loera at 916-323-7053.

Interested El Monte staff may contact Maria Loera at 916-323-7053 to schedule a group session there.